



## Addison Elementary proudly introduces the Pink Panthers Fit Club!

- What is Pink Panthers Fit Club?
  - Pink Panthers Fit Club will be replacing *Girls On The Run* due to increasing costs. **It is a program for girls designed to promote confidence, courage, self-esteem and healthy living to all girls 3<sup>rd</sup> through 5<sup>th</sup> grade.**
- When does Pink Panthers Fit Club begin?
  - Pink Panthers Fit Club begins on March 28<sup>th</sup> and continues through May 6<sup>th</sup>.
- What is the commitment?
  - Pink Panthers Fit Club meets after school every Tuesday and Thursday from 3:00-4:30.
  - All ladies who sign up will end the season with the Addison 5K on May 6<sup>th</sup>.
- What do the Pink Panthers Fit Club meetings include?
  - Sessions always include games, group discussions, snack, lessons and a variety of physical activities.
- What do the lessons focus on?
  - Lessons focus on courage, defining beauty, friendship, bullying, setting goals, community service and more!
- My daughter is not a runner. Can she join?
  - Absolutely!! Pink Panthers Fit Club is NOT just a running club. All girls and all abilities are welcome. Physical activities are only a portion of the program.
- What is the cost?
  - \$50.00 per girl which includes: 10 sessions, materials, 5K admission, t-shirt and snacks at all sessions.

Mrs. Angie Huston at 517-547-6123 ext. 936

**Please complete the form on the back and return with payment by March 17th. Please make checks out to Addison Community Schools.**

2017 Pink Panthers Fit Club  
Registration

Daughter's Name: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Parent's Phone: \_\_\_\_\_

I approve receiving text messages for informative purposes only YES NO

Parent's email: \_\_\_\_\_

Daughter's Teacher/Grade: \_\_\_\_\_

Schedule:

March

I approve my daughter's participation in the Pink Panther Fit Club. I understand that various physical activities will occur at all sessions and I do not hold any member/leader or Addison Community Schools responsible for any injuries that may occur while participating in Pink Panthers Fit Club.

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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**Schedule:**

March 28<sup>th</sup>, 3:00-4:30

March 30<sup>th</sup>, 3:00-4:30

NO SESSIONS OVER SPRING BREAK

April 11<sup>th</sup>, 3:00-4:30

April 13<sup>th</sup>, 3:00-4:30

April 18<sup>th</sup>, 3:00-4:30

April 20<sup>th</sup>, 3:00-4:30

April 25<sup>th</sup>, 3:00-4:30

April 27<sup>th</sup>, 3:00-4:30

May 2<sup>nd</sup>, 3:00-4:30 5K PRACTICE

May 4<sup>th</sup>, 3:00-4:30 PARTY

May 6<sup>th</sup>, Addison 5K, time 9:00 am