



# Fitness Center Membership Application

Please print

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email \_\_\_\_\_ Date of Birth \_\_\_\_\_

Phone number(s) \_\_\_\_\_

## Membership Fees

Monthly – Individual	\$35.00
Yearly – Individual	\$175.00
Family – Yearly	\$275.00
Seniors – Yearly	\$100.00
Staff – Yearly	\$50.00

There is a \$25 replacement fee for lost cards.

## Statement of Transaction

Membership Type \_\_\_\_\_ Price of Membership \_\_\_\_\_

Cash (amount) \_\_\_\_\_ Check (amount) \_\_\_\_\_ Check # \_\_\_\_\_

Member Signature \_\_\_\_\_ Date \_\_\_\_\_

For office use only

Card issued \_\_\_\_\_ Membership entered \_\_\_\_\_ Waiver \_\_\_\_\_

Authorized Signature \_\_\_\_\_ Date \_\_\_\_\_

## Fitness Center Policies and Procedures:

1. A valid Fitness Center membership card is required for admission to the facility. No exceptions.
2. Proper attire is required at all times, including shirts and athletic shoes. No open toed shoes are allowed. No jeans or denim. No wet, muddy or salty shoes.
3. Food and drinks are not allowed inside the facility. Plastic water bottles are acceptable.
4. The use of improper or dangerous exercise techniques is not permitted.
5. Be respectful and considerate of others. Do not engage in horseplay, arguing, or loud and offensive language.
6. The staff offices, telephones, and computer are off limits to members without permission.
7. No tobacco products, chewing gum, alcohol, drugs or illegal substance allowed in the facility.
8. All guests and visitors must report to the front desk and sign a waiver form.
9. The Fitness Center employees are authorized to expel users for failure to follow the fitness center policies.
10. You must have a current Addison Fitness center membership to use the facility.

## Fitness Center Etiquette:

1. Do not monopolize the equipment. Invite members who are waiting to work in.
2. Ask permission before working in on a piece of equipment.
3. Do not sit on the equipment when resting between sets.
4. Stay in the general vicinity if you are between sets on a machine.
5. Do not have long conversations when others are waiting.
6. Do not exceed the time limit on the cardio machine. (30 minutes)
7. If you are waiting for a cardio machine be ready to go when it's your turn.
8. Do not engage in any unwanted conversations and provide each of our member's appropriate personal space as requested.

## Agreement for Facility Use

User agrees and represents that all exercises, treatment and use of all fitness center facilities shall be undertaken at the user's own risk, that he/she is in good physical condition and physically able to undertake any physical exercises and treatments provided by the center, and the corporation which owns the center and/or any affiliated companies and/or the respective agents and employees, shall not be liable for any claims, demands, injuries, damages, actions or causes of action, whatsoever, to user or his or her property arising out of, or connected with the use of any of the services and/or facilities of such corporation and of any affiliated companies and/or their respective agents and employees, or the premises where the same are located and the user does hereby expressly forever release and discharge said corporation and any affiliated companies and their respective agents, and their employees, from all such claims, demands, injuries, damages, actions or cause of actions. In a case of any accident, user agrees and concedes that he will be examined at his sole expense by a licensed physician who shall report in writing to both user and the Corporation owning the center.

**Damage to facilities:** User agrees to pay an extra charge for damage arising from any careless use of equipment, dropping of weights, or the like caused by user.

**Personal Property:** The center, and the agents and employees of the center shall not be responsible for damages, lost or stolen articles of clothing and other personal property of any user.

**Compliance with Rules and Conditions:** At the time this Agreement was executed, the center has given user a copy of its current Policies and Procedures. User agrees to keep and obey all Policies and Procedures and any additional or changed Policies and Procedures in the future prescribed by the center. Center reserves the right to add to or amend the rules and conditions at anytime, and the center reserves the right to revoke or terminate this membership if user fail to keep and obey any of such Policies and Procedures.

I have read and fully understand the contents of this agreement.

**Print Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Signature of User:** \_\_\_\_\_