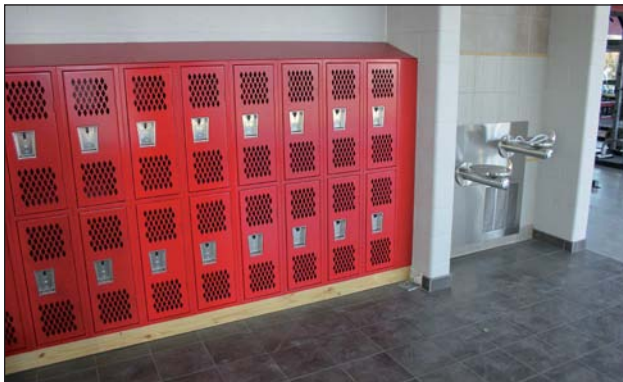


# ***ABOUT THE FITNESS CENTER***

The Addison Fitness Center is a fully accessible, state-of-the-art facility with a complete range of exercise equipment, including treadmills, recumbent bicycles, elliptical cross trainers, weight circuit equipment, and free weights. The fitness center is designed as a safe and hygienic workout environment for members.

Exercise equipment has posted instructions for members to individualize their workout program and progress at their own rate and interest. Weight and cardiovascular exercise areas are well-lit and have flooring that provides excellent cushion and traction for member comfort and equipment safety. Walking available in gyms and hallways.

Locker facilities are fully accessible, providing convenient storage for personal items.



***COME EXPERIENCE  
AND ENJOY OUR  
BEAUTIFUL, CLEAN,  
FULLY-EQUIPPED  
EXERCISE FACILITY***

This facility is designed to benefit our students, athletic teams, and community members. We greatly appreciate the efforts, time, and support of everyone responsible who helped pass the 2010 bond as it provided us with this great facility.

219 North Comstock Street  
Addison, MI 49220

Phone: 517 547-6900

Fax: 517 547-3838

Website:

[www.addisonschools.org](http://www.addisonschools.org)



# ***ADDISON FITNESS CENTER***







## ***FITNESS CENTER HOURS***

### **MONDAY-FRIDAY:**

5 a.m. to 8 a.m.

**MONDAY-Friday**

5 p.m. to 10:30 p.m.

### **SATURDAY/SUNDAY**

6 a.m. to 7 p.m.



## ***MEMBERSHIP***

### **INDIVIDUAL RESIDENT**

Monthly: \$35.00

Yearly: \$175.00



### **FAMILY RESIDENT**

Yearly: \$275.00

### **SENIORS 62 OR OLDER**

Yearly: \$100.00

